

OCCOA VOLUNTEER INTEREST FORM

Name: _____

Today's Date: _____

Phone: _____

Listed below are volunteer jobs for the various programs and activities sponsored by the Otsego County Commission on Aging. Please check those for which you would be interested in possibly volunteering your time.

Advocacy

- Advocate for seniors
- Refreshment transportation, setup, cleanup for "Transitions" Series meetings
- Schedule Appointments

Caregiver Support Group

(3rd Sat. morning of the month)

- Meeting reminder calls (From home - 3rd Fri. of the month)
- Refreshment transportation, setup, cleanup

Chore Service

(As needed)

- Leaf raking
- Packing/moving assistance
- Recruit chore volunteers
- Supervise chore volunteers
- Tree/Shrub trimming
- Window washing
- Yard Cleanup (spring/fall)

Commodities (Food distributions

– 1st or 2nd Wed. of the month.

RSVP volunteers preferred.)

- Alpine Haus distributions
- Alten Zimmer distributions
- Food Pantry deliveries
- Home bound distributions
- Little Village distributions
- Sheldon Place distributions
- Vanderbilt distributions

Computer Assistance

- Assist with computer and printer hookup/setup
- Assist with software downloads
- Tutoring

Congregate Meal Deliveries

(RSVP volunteers only)

- Johannesburg Meal Site (Mon., Wed. mornings)
- Otsego Haus (Mon. – Fri. mornings)
- Vanderbilt Meal Site (Tue. – Thu. mornings)

Crafts Instructor

- List Craft _____

Dances (Monthly – 3rd Sat. night of the month)

- 50/50 ticket sales
- Bucket ticket sales
- Decorate Room (Friday afternoon before)
- Entry ticket sales
- Supervisor

Educational Breakfasts

(1st or 2nd Thu. morning of the month)

- Refreshment transportation, setup, cleanup

Entertainment

- Guitar
- Piano
- Other instruments
- Musical Group
- Vocal

Flu Shot Clinic

- Greeter
- Musical entertainment
- Paperwork assistant
- Registration

Friendly Visitor (Planned pilot program)

- Elmira
- Gaylord
- Johannesburg
- Vanderbilt
- Waters

Garage Sale

(April)

- Bake sale table
- Cashier
- Food server
- Greeter
- Loading/unloading
- Make baked goods
- OCCOA sales table
- Table setup

Grocery BINGO

(4th Sat. of the month – follows Pizza Saturday meal)

- BINGO Caller

Holiday Decorations

- Color Easter eggs
- Decorate cookies
- Decorate meal sites
- Make greeting cards
- Make table centerpieces

Kitchen Band

- Director/Leader
- Participant
- Pianist

Medical Transportations (RSVP volunteers only)

- Bay City/Saginaw/Flint
- Gaylord
- Grand Rapids
- Petoskey
- Traverse City
- U of M Medical Center
- Veterans Facilities

MMAP (Medicare/Medicaid Assistance Program - 32+ hours training required/provided)

- MMAP Counselor

Memory Walk (1st or 2nd Sat. in Nov.)

- Assist with pre-walk fundraising
- Distribute posters
- Greeter
- Pool/rink/sign-in
- Raffle ticket station
- Registration station
- T-shirt distribution
- Yard sign distributions

Minor Home Repairs Program

- Build wheelchair ramps
- Caulk windows/doors
- Install grab bars
- Install smoke detectors
- Recruit minor home repairs volunteers
- Supervise minor home repairs volunteers
- Repair wooden steps, decks, or railings
- Repair wheelchair ramps
- Simple miscellaneous repairs

Mother/Daughter Banquet (1st or 2nd Friday evening in May)

- Beverage server
- Cleanup
- Decorating
- Dish washing (with a commercial sanitizer)
- Greeter
- Kitchen assistant
- Meal prep
- Meal server
- Registration
- Table setting

Noon Meal Program – Gaylord Meal Site (Sun., Mon., Wed., Thu., Fri.)

- 50/50 raffle sales (Wed.)
- Cashier
- Greeter
- Ice pickup/delivery
- Meal server
- Meal sign-in
- Table cleaning/setting

Noon Meal Program – Johannesburg Meal Site (Mon., Wed.)

- Kitchen assistant
- Meal sign-in/money
- Site coordinator sub

Noon Meal Program – Vanderbilt Meal Site (Tue., Wed., Thu.)

- 50/50 raffle sales
- Kitchen assistant
- Meal sign-in/money
- Musical entertainment
- Site coordinator sub

Office Assistant

- Data base entries
- Distribute flyers
- Special event reminder calls
- Mailings assistance
- Receptionist
- Typing (Microsoft Word)

Otsego Haus (Adult day services facility)

- Game assistant
- Garden box gardening
- Hair care
- Kitchen assistant
- Men's Club
- Musical entertainment
- Music therapy
- Visit with clients

Parkinson Support Group (4th Thu. of the month)

- Meeting reminder calls (From home - 4th Wed. of the month)
- Refreshment transportation, setup, cleanup

Pizza Saturday (Noon - 4th Sat. of the month)

- Meal sign-in/cashier
- Pizza server
- Supervisor

Reassurance Call Program (From Home – RSVP volunteers preferred)

- Substitute caller
- Volunteer contact
- Weekly caller

Reminiscence Group

- Meeting reminder calls (From home – 2nd, 4th Thu. of the month)

Research Program

- Mailings assistance
- Survey administration

Senior Project Fresh

- Meeting hostess
- Meeting reminder calls
- Registration assistant

Snow Removal Program

- Snow blowing/plowing for private residences

Shopping Assistance (Alten Zimmer Center Residents)

- Shop for homebound seniors

Tax Assistance Program (Feb. – Apr. – usually on Tue.)

- Receptionist
- Tax preparer (RSVP Volunteers only – training required/provided.)

TAP (Technologies and Aging Project)

- Computer class instructor
- Computer tutor

Trip Program

- Client assistant
- Host/hostess

Walking Program

- Client assistant
- Leader