

Caregiver Support Group ~ 2009/2010

Presented by: Otsego County Commission on Aging
With support from: Alzheimer's Association ~ Greater Michigan Chapter

Save these Dates!
10:00 - 11:30 a.m.
University Center at Gaylord
80 Livingston Boulevard

SUPPORT GROUP PLANNING TEAM

Pamela Carlson, RN
OCCOA Medical Resources

Nancy Ragan, RN, BSN
Support Group Facilitator

Dona Wishart
OCCOA Director & Aging
Services Specialist

Claudia Pettis
OCCOA Administration &
Operations Coordinator

Respite care for your loved
one is available at the
Otsego Haus
while you attend the Support
Group Meeting.

For more information please
call
989 732-1122
or visit our website at
www.OtsegoCountyCOA.org

OCTOBER 18TH, 2009

"PERSONAL ACTION TOWARD HEALTH—PROBLEM SOLVING"
KARA LAMARRE, DEVELOPMENTAL PROJECTS COORDINATOR
REGION 9 AREA AGENCY ON AGING

NOVEMBER 15TH, 2009

"CARING FOR THE CAREGIVER—PART 1"

DECEMBER 20TH, 2009

"HOLIDAY BRUNCH"
OCCOA, DONA WISHART, OMH NANCY RAGAN

JANUARY 16TH, 2010

"GRIEF & LOSSES"
CHAR LUNDY, RN—COMMUNITY SERVICES NETWORK

FEBRUARY 20TH, 2010

"DIFFICULT BEHAVIORS" - CHRIS CURTIN & ASSOCIATES
CHRIS CURTIN, RN

MARCH 20TH, 2010

"CARING FOR CAREGIVERS"—MINIMIZING STRESS
KARA LAMARRE, REGION 9 AREA AGENCY ON AGING

APRIL 17TH, 2010

*"LEGAL AND HEALTH CONCERNS: INFORMATION GATHERING,
DECISION MAKING & PAPERWORK"*
LORETTA MILLER, OCCOA, ADVOCACY COORDINATOR

MAY 15TH, 2010

"COMMUNICATION" - CHRIS CURTIN & ASSOCIATES
CHRIS CURTIN, RN

JUNE 19TH, 2010

"SAFETY CONCERNS FOR DEMENTIA CARE"
DIANNE O'CONNOR, ALZHEIMER'S ASSOCIATION, GMC

***JULY 24TH, 2010**

"TIME TO CHAT"
NANCY RAGAN, RN, OTSEGO MEMORIAL HOSPITAL

***AUGUST 13TH, 2010**

"FAMILY CONCERNS" - CHRIS CURTIN & ASSOCIATES
CHRIS CURTIN, RN

SEPTEMBER 18TH, 2010

ANNUAL PICNIC
LOCATION IS OTSEGO HAUS

*DUE TO ALPENFEST PARADE WE WILL BE MEETING 1 WEEK LATER