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Please Join Us...

Caregiver Support Group ~ 2017/2018

Dedicated to persons living with dementia and their caregivers.

The third Saturday of every month • 10:00 to 11:30am

Otsego Haus • 95 Livingston Blvd.

October 21, 2017

“STAGES OF DEMENTIA”

Guest Presenter: Beth Eisch, RN, BSN
Consultant and Trainer, *Community Services Network*

November 18, 2017

“SURVIVING THE HOLIDAYS”

Guest Presenter: Kara LaMarre, MA
Certified Family Educator, Special Projects Coordinator
Region 9 Area Agency on Aging

December 16, 2017

“GOOD GRIEF”

Guest Presenter: Jodi Douglas, CTRS, CDP
McReynolds Hall, Otsego Memorial Hospital

January 20, 2018

“HOME AND SAFETY”

Guest Presenter: Munson In-Home Health
Munson Healthcare

February 17, 2018

“FIXATIONS AND APPROACHES”

Guest Presenter: Charlotte Lundy, RN, BA
Community Services Network

March 17, 2018

“MOVEMENT AND SAFETY”

Guest Presenter: Thomas Kirby, PT
Physical Therapist, *Otsego Memorial Hospital*

April 21, 2018

“FINDING JOY IN CAREGIVING”

Guest Presenter: Robin Petruska,
Creating Confident Caregiver Master Trainer,
Otsego County Commission on Aging

May 19, 2018

“SPEAKING TO DEMENTIA”

Guest Presenter: Jodi Douglas, CTRS, CDP
McReynolds Hall, Otsego Memorial Hospital

June 16, 2018

“SLEEP AND DEMENTIA”

Guest Presenter: Chris Curtin, RN, BC Certified
Community Services Network

July Summer Break

SUMMER BREAK!

August 18, 2018

“ROUND TABLE”

Discussion of Topics for Next Year

September 15, 2018

“OUR COMMUNITY”

Guest Presenters: Dona Wishart and
Community Resource Representatives

•• *Respite Care Available* ••

*In Home Respite Care available by pre-planned appointment
to those attending the Support Group meeting.*

Support Group Planning Team

Nancy Ragan, RN, BSN ~ *Support Group Facilitator* Pamela Carlson, RN ~ *OCCOA Medical Resources*
Dona Wishart, BS ~ *OCCOA Executive Director* Amanda Dobrzelewski, CTRS ~ *OCCOA Healthy Aging Activities Coordinator*

Grant Funded Respite Care Available

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