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Please Join Us...

Caregiver Support Group ~ 2015/2016

Dedicated to persons living with dementia and their caregivers.

The third Saturday of every month • 10:00 to 11:30am

Otsego Haus • 95 Livingston Blvd.

October 17, 2015

“The Greatest Challenges of Caregiving”

Guest Presenter: Nancy Ragan, RN, BSN
Otsego Memorial Hospital

November 21, 2015

“Preparing for the Holidays”

Guest Presenter: Kara LaMarre,
Developmental Programs Coordinator
Region 9 Area Agency on Aging

December 19, 2015

“Self Care”

Guest Presenter: Jodi Douglas, CTRS, COP
Otsego Memorial Hospital

January 16, 2016

“Dementia and Brain Changes”

Guest Presenter: Chris Curtin, RN, BC, Certified
Gerontological Nurse ~ *Community Services Network*

February 20, 2016

“When is it Time for Hospice?”

Guest Presenter: Nicole Neubecker, RN
Compassus

March 19, 2016

“Keeping Family Harmony”

Guest Presenter: Kristy Torsky, LC

*This program funded in part with funds through the Older Americans Act,
Aging and Adult Services Agency of the Michigan Department of
Health and Human Services and Region 9 Area Agency on Aging*

April 16, 2016

“Pain and Dementia”

Guest Presenter: Charlotte Lundy, RN, BA Educator
Community Services Network

May 21, 2016

“Eight Elements of Thought”

Guest Presenter: Robin Petruska, Master Trainer
Creating Confident Caregiver

June 18, 2016

“Good Grief”

Guest Presenter: Jodi Douglas, CTRS, COP
Otsego Memorial Hospital

July 16, 2016

SUMMER BREAK!

August 20, 2016

“Communication Strategies”

Guest Presenter: Chris Curtin, RN, BC, Certified
Gerontological Nurse ~ *Community Services Network*

September 17, 2016

“Advocacy for All”

Guest Presenter: Sarah Skowronski, Advocacy Counselor
Otsego County Commission on Aging

•• **Respite Care Available** ••

*In Home Respite Care available by pre-planned appointment
to those attending the Support Group meeting.*

Support Group Planning Team

Nancy Ragan, RN, BSN ~ *Support Group Facilitator* Pamela Carlson, RN ~ *OCCOA Medical Resources* Dona Wishart, BS ~ *OCCOA Executive Director*

Grant Funded Respite Care Available