



Grandparents RAISING Grandchildren

Are you a parent again? This time raising your grandchildren?

Otsego County Commission on Aging is sponsoring a "Gathering" that offers
Information | Education | Support
to "help and care" for Grandparents who are in a parenting role.

Mondays • 8:30 to 10:30am • UC Gaylord
80 Livingston Boulevard | Gaylord

GATHERING FOR BREAKFAST

2018
OCTOBER 22 • NOVEMBER 26
There will be no December meeting.

2019
FEBRUARY 25 • MARCH 25
MAY 20 • JUNE 24
May date adjustment due to holiday.

GATHERING FOR BREAKFAST WITH GUEST SPEAKER

JANUARY 28, 2019
"SPA DAY"
FIELD TRIP!
Treetops Resort Spa
Treat Yourself!

APRIL 22, 2019
"MENTAL HEALTH IN ADOLESCENTS"
Presenter: Dr. Michael P. Hayes, Ph. D.
Michigan Licensed Psychologist
Old Town Psychological Services

JULY 22, 2019
**"CONNECTING AND FIGURING
NEXT STEPS FOR YOUR GRANDS"**
Presenter: Kristy Torsky, LC

AUGUST 27, 2019
SUMMER PICNIC
Otsego Lake County Park
10:30am • *For active 2019 participants!*

SEPTEMBER 23, 2019
**"COMMUNITY
MEDIATION SERVICES"**
Presenter: Judy Doan

Supported through a special grant.

A Continental Breakfast will be provided to Grandparents who are participating in the GRG series.

Grant Funded Facilitator: Julie Powers, Retired Educator for Gaylord Community Schools

For more information, call Julie at 989.732.9880 or check our website www.OtsegoCountyCOA.org



120 Grandview Boulevard ✦ Gaylord, Michigan 49735 ✦ Fax: 989.731.2739 ✦ occoa@occoaonline.org
This program funded in part with funds through the Older Americans Act, Aging and Adult Services Agency
of the Michigan Department of Health and Human Services and Region 9 Area Agency on Aging